

Healthy Growth and Development for Children and Youth

Programs that support the development of children & youth, providing young children with a good start in life & preparing youth for the future.

PRIORITY AREAS



Children develop their social, emotional, language & communication skills.



Children & youth are physically literate, physically active, & achieve minimum levels of daily activity.



Child & youth hunger is alleviated through the provision of nutrition.



Children & youth participate in learning, culture & recreation programs.



Children & youth gain the knowledge, skills, & supports to develop positive mental health, self-esteem, & healthy lifestyle behaviours.



Parents & caregivers have the knowledge & skills to provide for the healthy growth & development of their children.

SUPPORTED PROGRAMS AND SERVICES

CIF supports a wide range of programs and services through the Children & Youth funding theme, particularly those that reduce barriers and enhance accessibility for young people. Initiatives under this theme can take many forms and include but are not limited to (listed alphabetically):

- 2SLGBTQ+ programs and services
- Before and after school programming
- Cultural programming including arts, heritage, multicultural, and ethnocultural activities
- Early years and parent/caregiver programs
- Literacy and learning programs
- Mental health programs and services
- Mentoring programs
- Newcomer programs and services
- Nutrition programs
- Programs and services for people with disabilities
- Reconciliation initiatives
- Recreation programs including physical, social, intellectual, and creative activities

Individual and Community Wellbeing

Programs for all ages that support healthy lifestyles, supportive & inclusive communities, & provide access to programs & services.

PRIORITY AREAS



Individuals of all ages & abilities are physically active & achieve minimum levels of daily activity.



Communities are engaged in activities that promote Reconciliation, cultural understanding, respect, community pride & social connections.



Individuals have the knowledge and skills to prevent or address issues such as problem gambling, addictions, violence & bullying.



Individuals participate in learning, culture & recreation programs.



Individuals have access to healthy food, and/or the knowledge and skills to adopt healthy eating practices.



Individuals feel a sense of belonging in their community.

SUPPORTED PROGRAMS AND SERVICES

CIF supports a wide range of programs and services through the Community Wellbeing funding theme. Initiatives under this theme can take many forms and include but are not limited to (listed alphabetically):

- 2SLGBTQ+ programs and services
- Cultural programming including arts, heritage, multicultural, and ethnocultural activities that promote a sense of community while celebrating cultural diversity
- Family programs and services
- Literacy and learning programs
- Mental health and addictions programs
- Newcomer programs and services
- Nutrition and healthy eating practices
- Programs and services for people with disabilities
- Reconciliation initiatives
- Recreation programs including physical, social, intellectual, and creative activities that enhance individual and community wellbeing
- Seniors programming
- Violence prevention and education programs

Nonprofit and Community Leadership

Initiatives that provide training for nonprofit program delivery staff, board members, and volunteers to improve program delivery and governance.

PRIORITY AREAS



Nonprofit board members have the knowledge & skills to effectively govern community-based organizations.



Nonprofit program delivery staff have knowledge & skills that lead to tangible benefits for the participants of the nonprofit's programs & services.



Volunteers have the knowledge & skills to be engaged as community leaders supporting nonprofit programs & services.

EXAMPLES OF ELIGIBLE PROGRAMS FOR BOARD MEMBERS:

- Governance training
- Strategic planning
- Diversity, equity, and inclusion education
- Risk management education and training

EXAMPLES OF ELIGIBLE PROGRAMS FOR PROGRAM DELIVERY STAFF & VOLUNTEERS:

- Intercultural competency and anti-racism training
- Program evaluation training
- Program-specific training e.g. knowledge and skill development on the topic of physical literacy
- Volunteer management and engagement training
- Mental health first-aid training

NCL INELIGIBLE PROGRAMS:

Training or initiatives such as bylaws or policy review, coaching or mentorship, mediation, municipal plans, management or leadership training, fundraising and grantwriting, university/college courses, required employment certifications and internal training programs.