

# CIF FEATURE STORY:

## Drop In & Exchange Centre



April 2018

### Feature Story: *Drop In & Exchange Centre, SPOKES Family Resource Centre*

SPOKES' *Drop In Centre* has a welcoming atmosphere and provides people with access to a wide variety of resources, information, and services.

SPOKES provides access to clothing, food security (food hamper application), computers and information to help individuals with issues that are present in their lives. These programs are provided free of charge.

In general, SPOKES provides primary and secondary prevention and support to families and youth, specifically new community members, immigrant families, single parents and children, and low income families.

The mandate of the SPOKES Family Resource Centre is **"to assist in meeting needs by connecting families, community, services and individuals."**

They have been able to partner with the other community agencies to facilitate events, programming, support, and the *Drop In Centre* for individuals to use. SPOKES has also organized community volunteers to help with programming, donations, and support. There has been an increase in community members using their programming.

**"Our goal is to link families and community members with services in our area and to assist in the development of programs tailored to meet the needs of our community,"** shared Krista Giefer, Family Coordinator. **"We are constantly looking at options to provide workshops, programs and services for the community, specifically families, in partnership with other service providers and volunteers."**

An expecting mother whom has a 9 year old daughter has used the exchange to get proper winter clothing items for herself and her daughter. She stated:

“ I love the option of donating clothing and items for kids in return for taking clothing and items that I currently need. Kids grow up so fast and don't stay in a size for too long, so this very beneficial and I love coming to see you. ”

The logo for SPOKES, featuring the word "SPOKES" in large, bold, black letters with a white outline. The letter "O" is replaced by a colorful, multi-spoked wheel. Below the word "SPOKES" is the text "Kindersley Family Resource Centre" in a smaller, white, sans-serif font with a black outline.

Kindersley Family Resource Centre